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# IOTA ENGINEERING AND CONSTRUCTION LTD

## SAFE WORK PRACTICES IN SUBSTRUCTURE WORKS.

2024

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# SAFE WORK PRACTICES IN SUBSTRUCTURE WORKS

## Areas of focus

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1. Excavation types, hazards & risk control & management
2. Cost of Excavation safety

# EXCAVATION HAZARDS, RISK CONTROL & MANAGEMENT

## Common excavation types

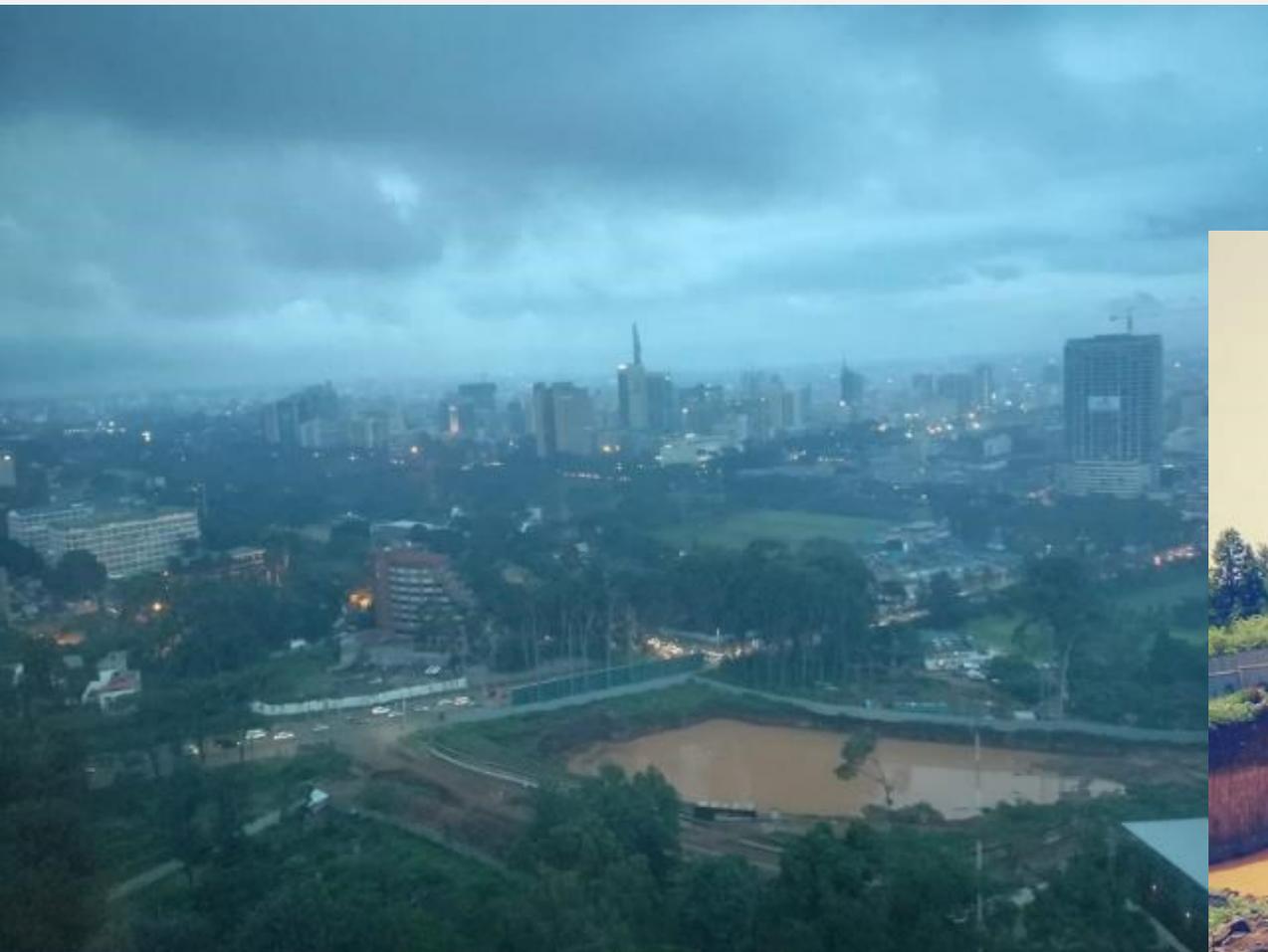
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1. Trench excavations
2. Deep & large basement & pit excavations

## Trench & Basement Excavation Hazards and risks:

- ❖ Collapse of excavations
- ❖ Falls and falling objects
- ❖ Excavated material or other objects falling on workers
- ❖ Exposure/injury to underground services or overhead services
- ❖ Influence of adjacent structures
- ❖ Incidents involving vehicles and other mobile equipment
- ❖ Water inrush
- ❖ Risks of working in confined spaces
- ❖ Safe access for people and mobile equipment





**Water inrush and  
unprotected slopes**





Trees' falling hazards/ risks



## Collapsed excavated sites



## Structures collapse into excavated sites



Structures collapse into excavated sites



# Common Excavation types

## 1. Trench excavations

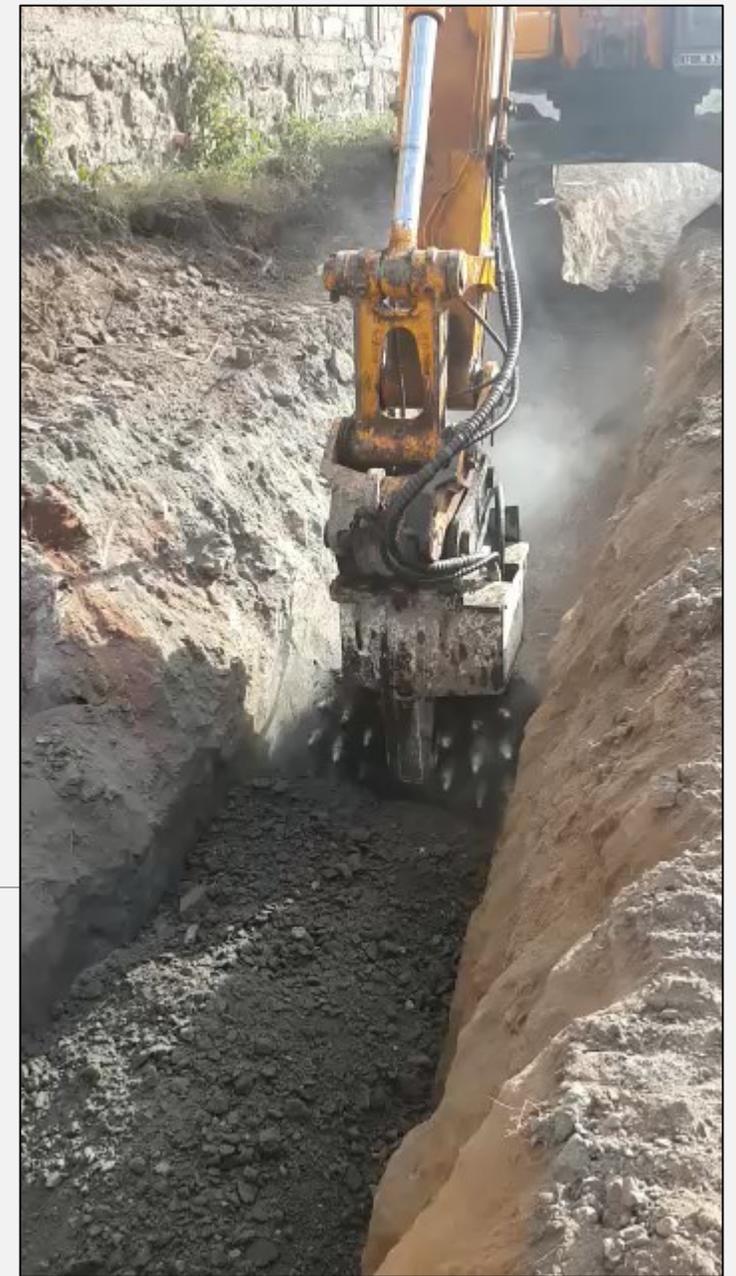


# Common Excavation types

## Trench excavations (Deep)



Trench excavations (seeking to maintain excavation walls integrity for safety)



**Rock trenching for Sewerage and foul water drainage Works Near a railway line.**

# Excavation types

## 2. Deep & large basement excavations



# Excavation types

## 2. Deep & large basement excavations cont'd



24m deep

# Excavation types

## 2. Deep & large basement excavations cont'd



# Control measures for Excavation collapse

## 1. Shoring

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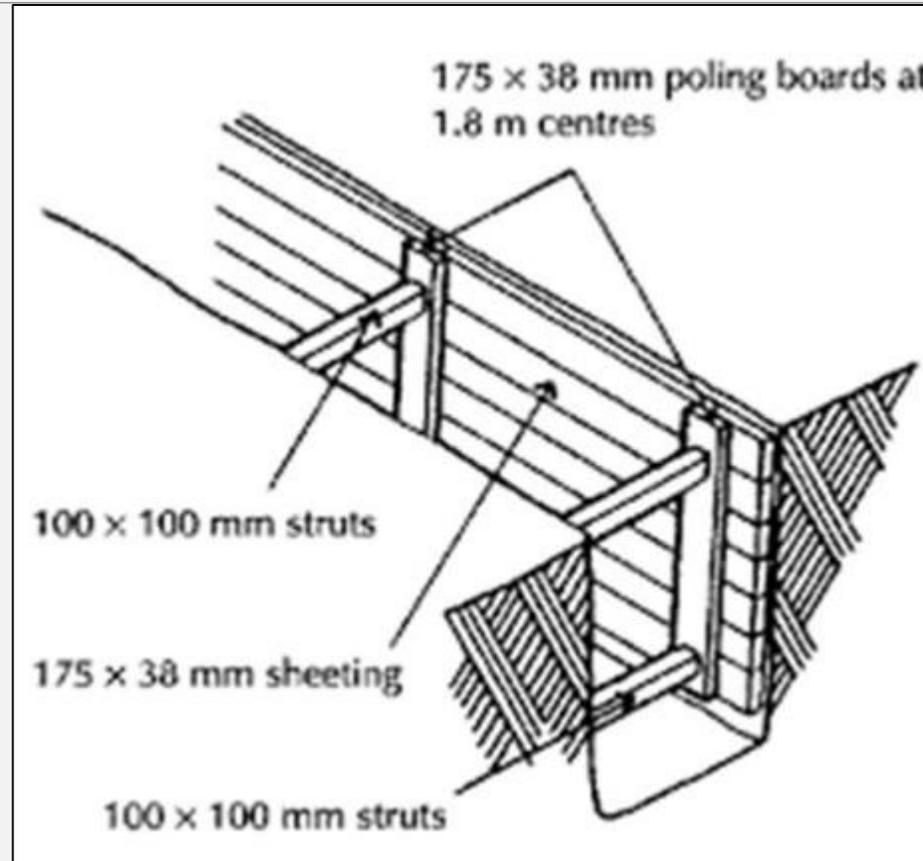
Common shoring methods include:

- Planking & strutting
- Battering
- Soldier Piles and timber laggings
- Soldier piles and anchors/soil nails and shotcrete membrane
- Soil Nails and Shotcrete
- Sheet piles
- Contiguous Bored Piles/Secant Piles
- Sheeting & bracing
- Rock bolting

# 1. Planking & strutting – Shallow trenches



Normal for Stable grounds



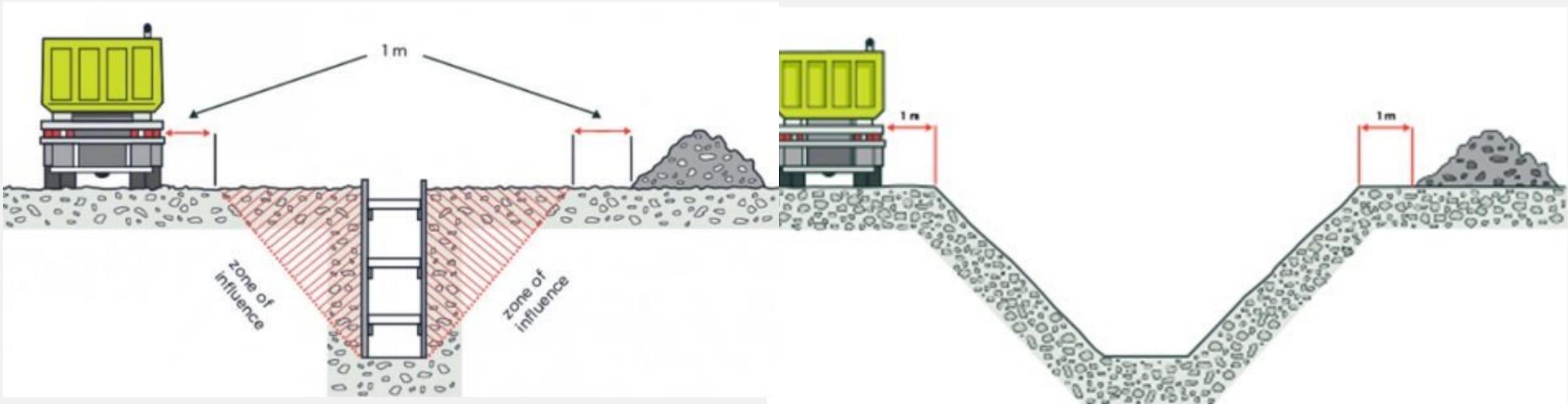
Typical Plunking & strutting detail for unstable grounds

# 1. Planking & strutting – Trenches



# 1. Battering sides of excavations

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Typical detail for Battering sides of deep trench excavations

## Battering sides of excavations

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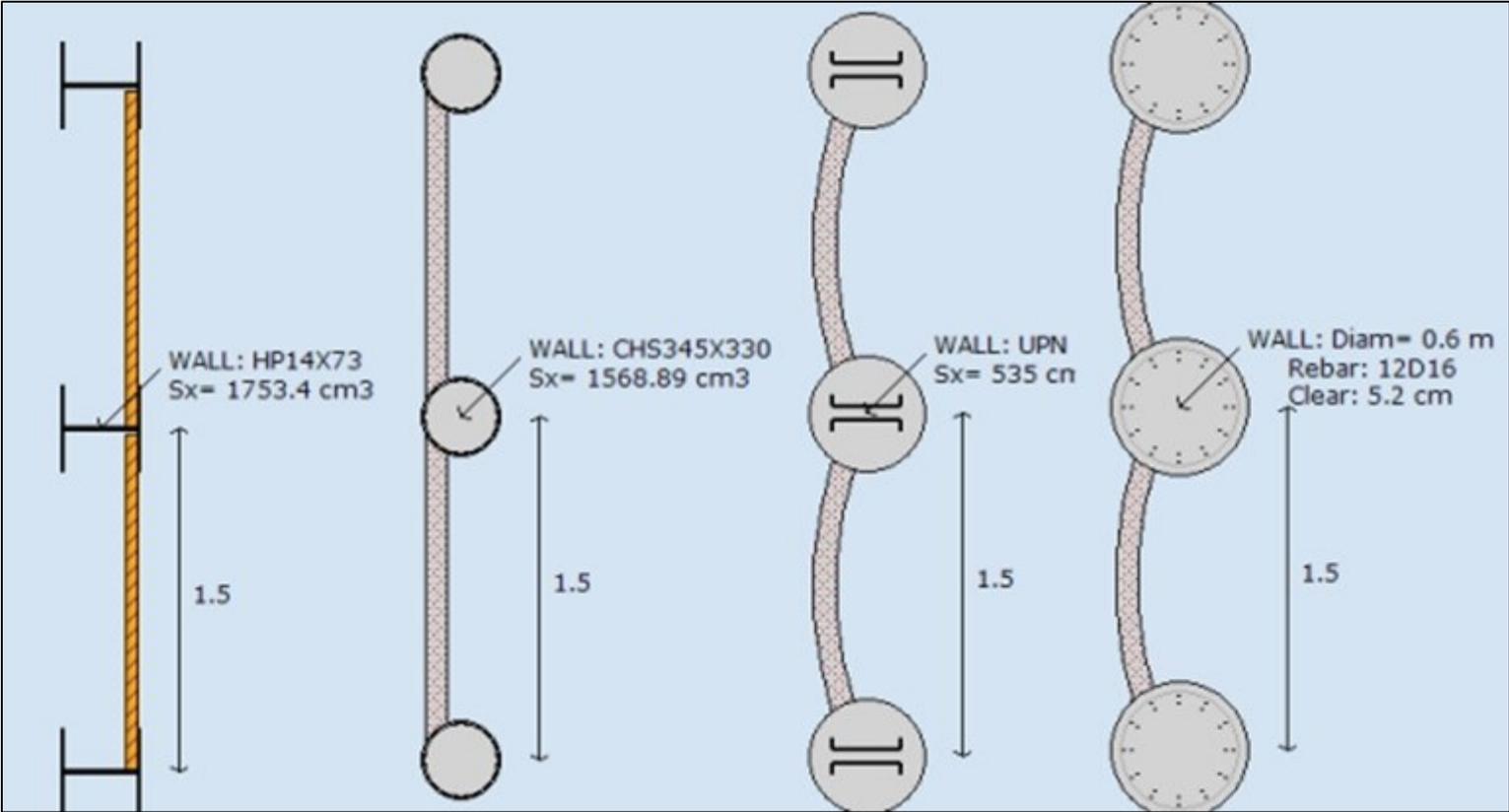
Battered sides of excavated deep trenches & basements

## Battering sides of excavations

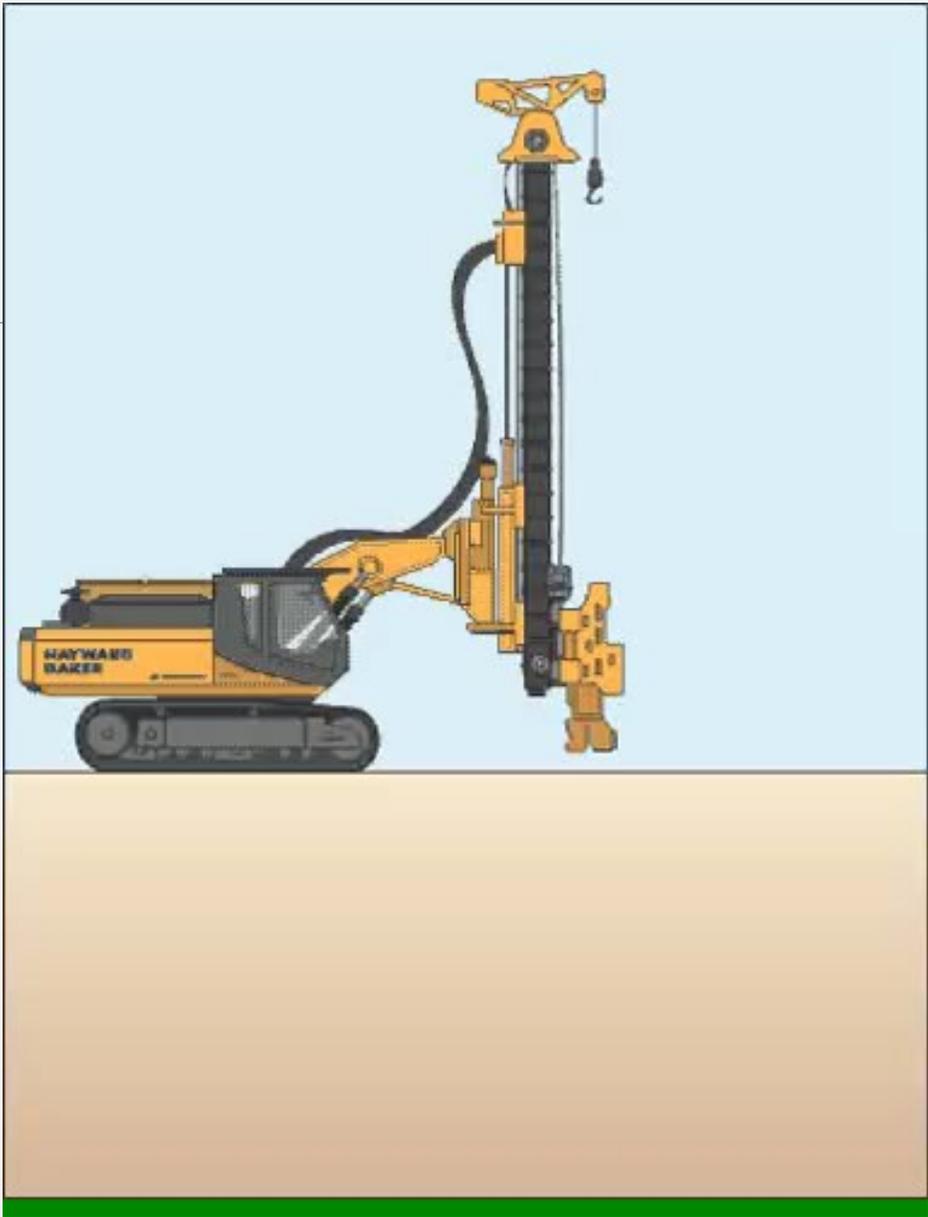


Battered sides of excavated deep basements

# Soldier Piles



Typical example of various types soldier piles layouts



## Soldier Piles

Anchored  
Steel pipe  
Soldier  
piles with a  
capping  
beam



## Soldier Piles and Timber Laggings



I-Beam soldier piles anchored with sanchors



## Soldier Piles and Timber Laggings



I-Beam soldier piles with timber laggings

## Soldier Piles and Timber Laggings



I-Beam soldier piles and timber laggings

## Soldier Piles and Timber Laggings



Soldier piles, timber laggings & shotcrete

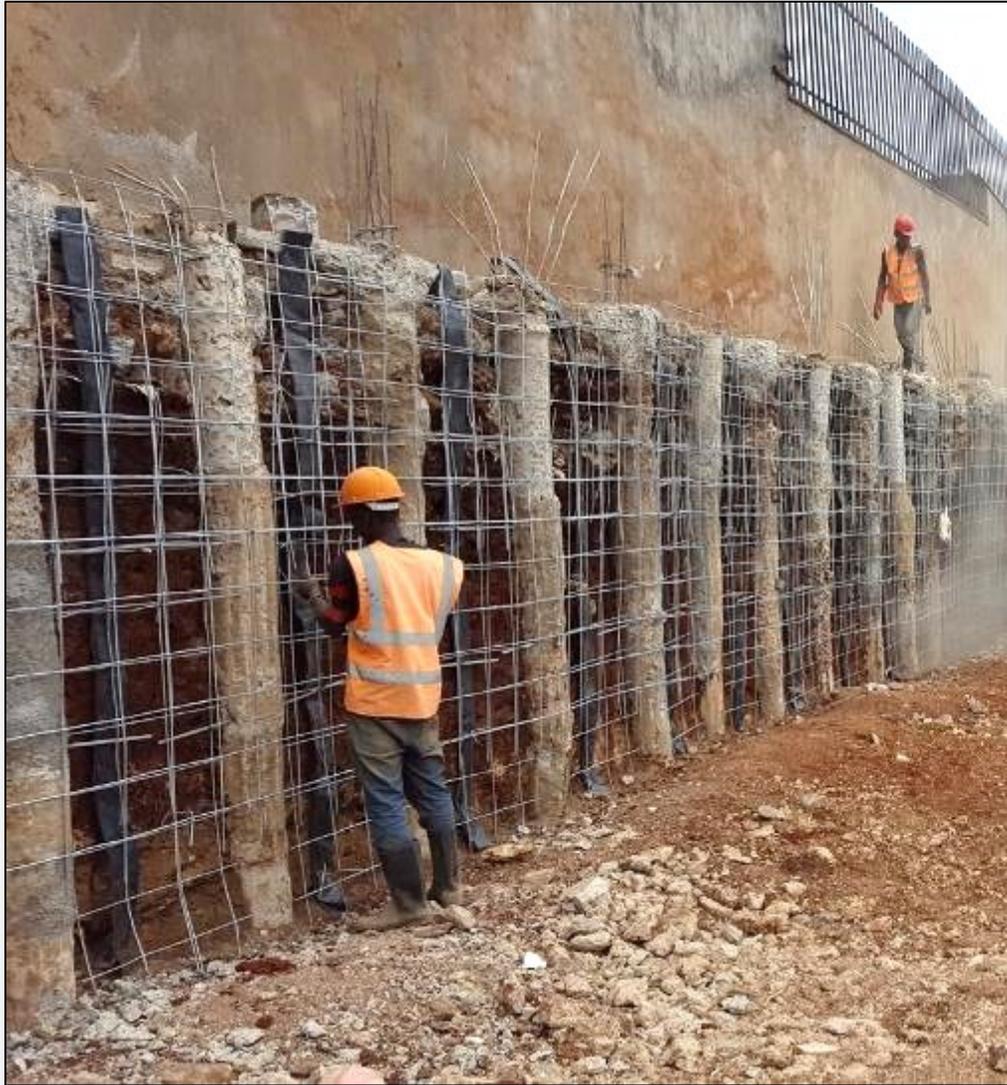
# Soldier Piles



Reinforced concrete soldier piles



## Soldier piles and reinforced shotcrete



Soldier piles and reinforced shotcrete



## Soldier piles and reinforced shotcrete



Soldier piles and reinforced shotcrete

## Soldier piles and reinforced shotcrete



Soldier piles and reinforced shotcrete

## Soldier piles and reinforced shotcrete a robust lateral support mechanism



Soldier piles and reinforced shotcrete

## Soldier piles and reinforced shotcrete



Soldier piles and reinforced shotcrete

## Soldier piles and reinforced shotcrete



Soldier piles and reinforced shotcrete

## Soldier piles and reinforced shotcrete



Soldier piles and reinforced shotcrete permanent retaining wall. Note the battered slopes

## Soldier piles and reinforced shotcrete



## Soil Nails and Shotcrete



Soil nails and reinforced shotcrete

## Soil Nails and Shotcrete



Soil nails and reinforced shotcrete

## Soil Nails and Shotcrete



Soil nails and reinforced shotcrete

## Soil Nails and Shotcrete



Soil nails and reinforced shotcrete

## Soil Nails, anchors and Shotcrete membrane



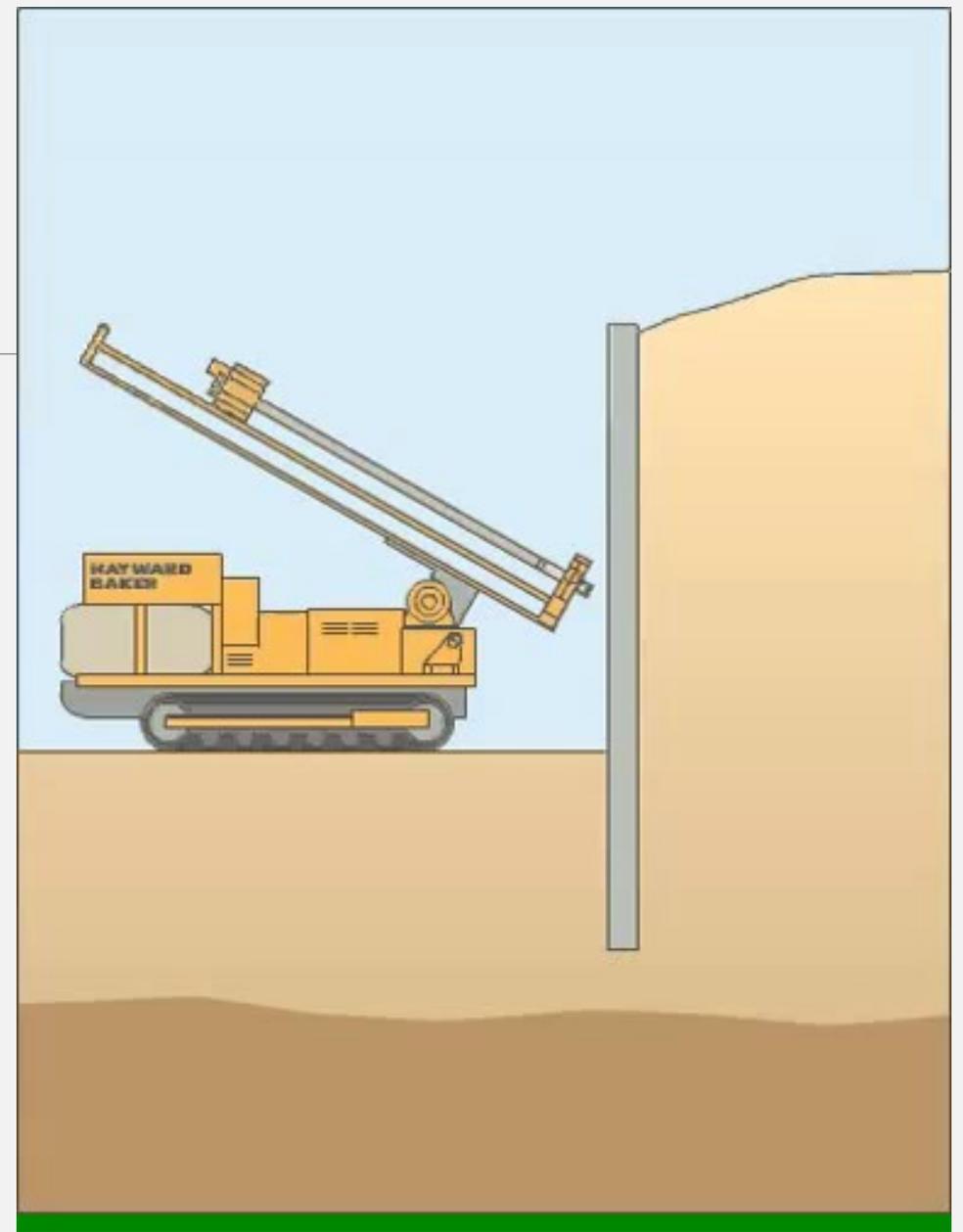
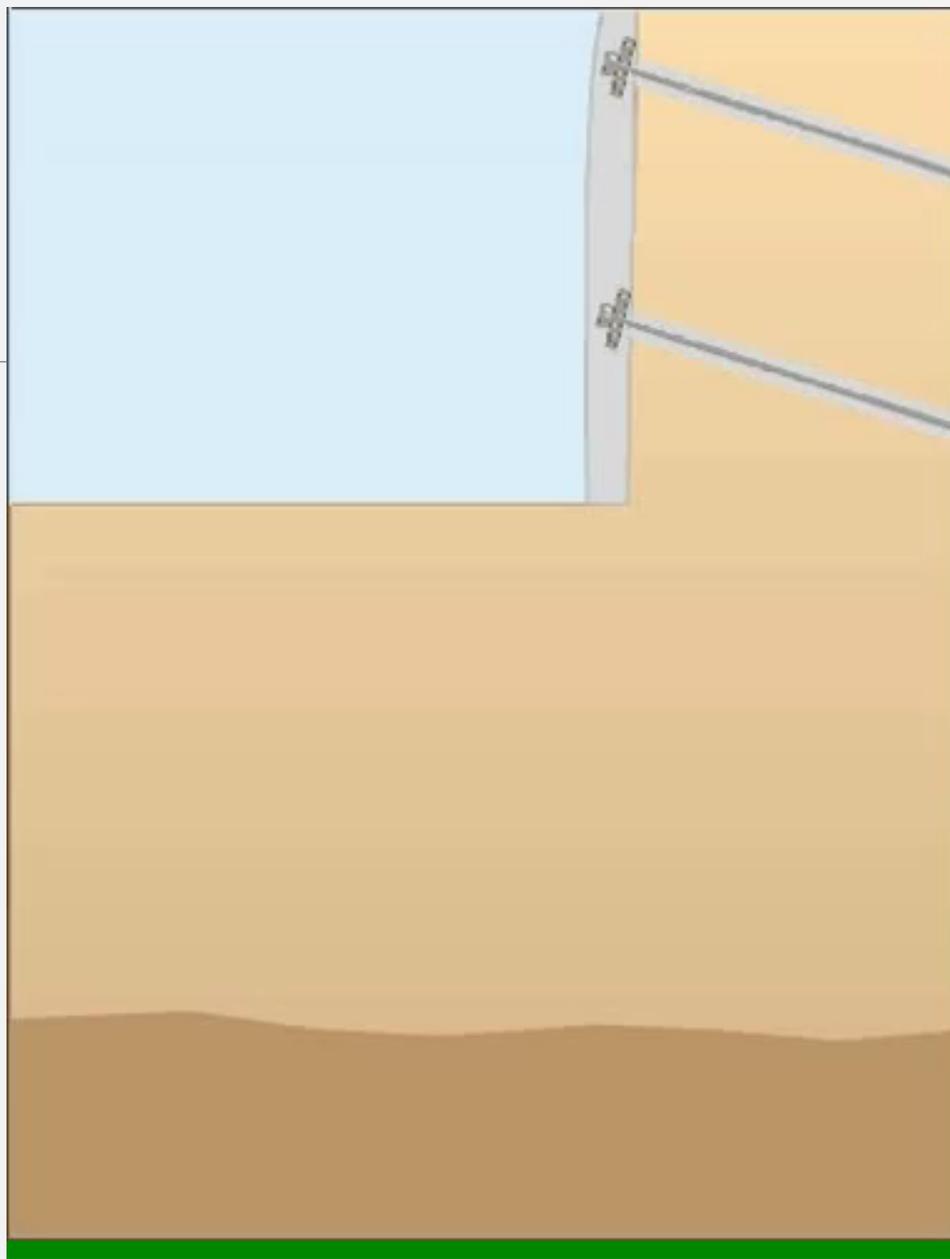
Soil nails and reinforced shotcrete

# Soil Nails and Shotcrete

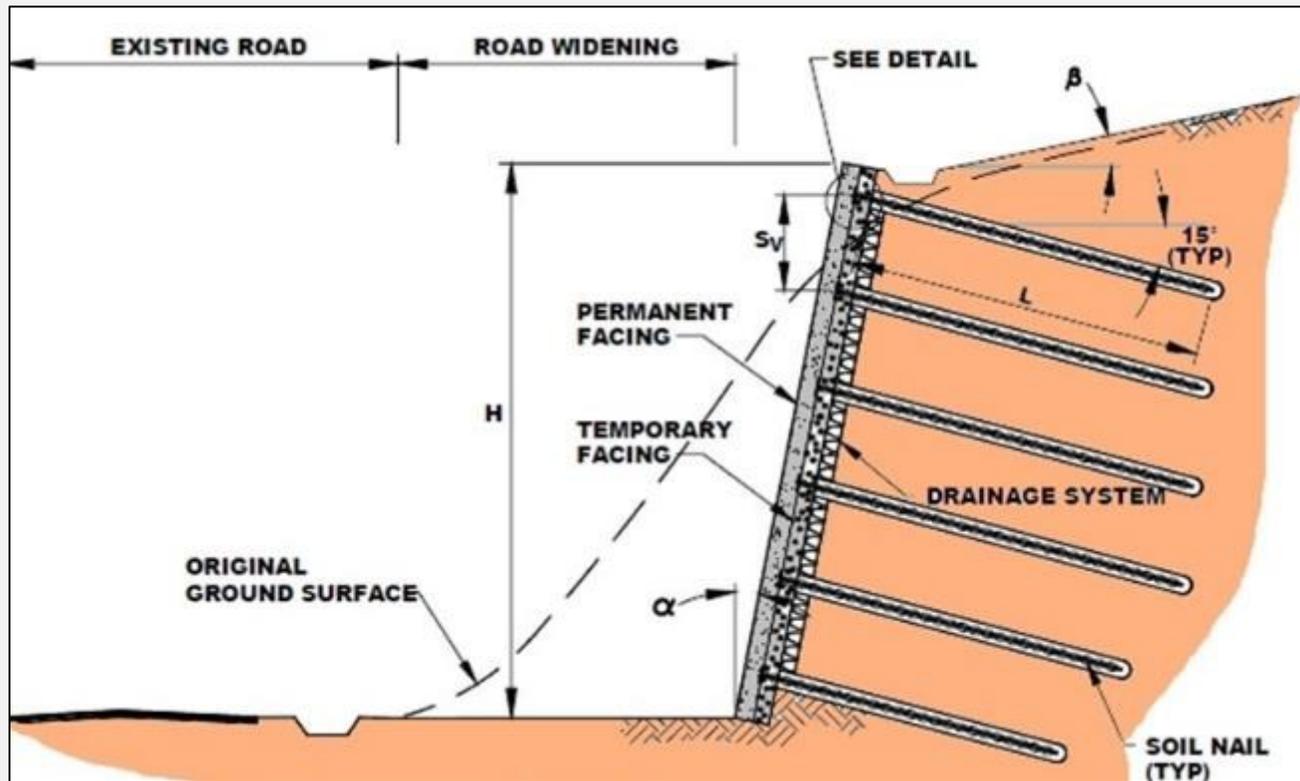


Soil nails and reinforced shotcrete

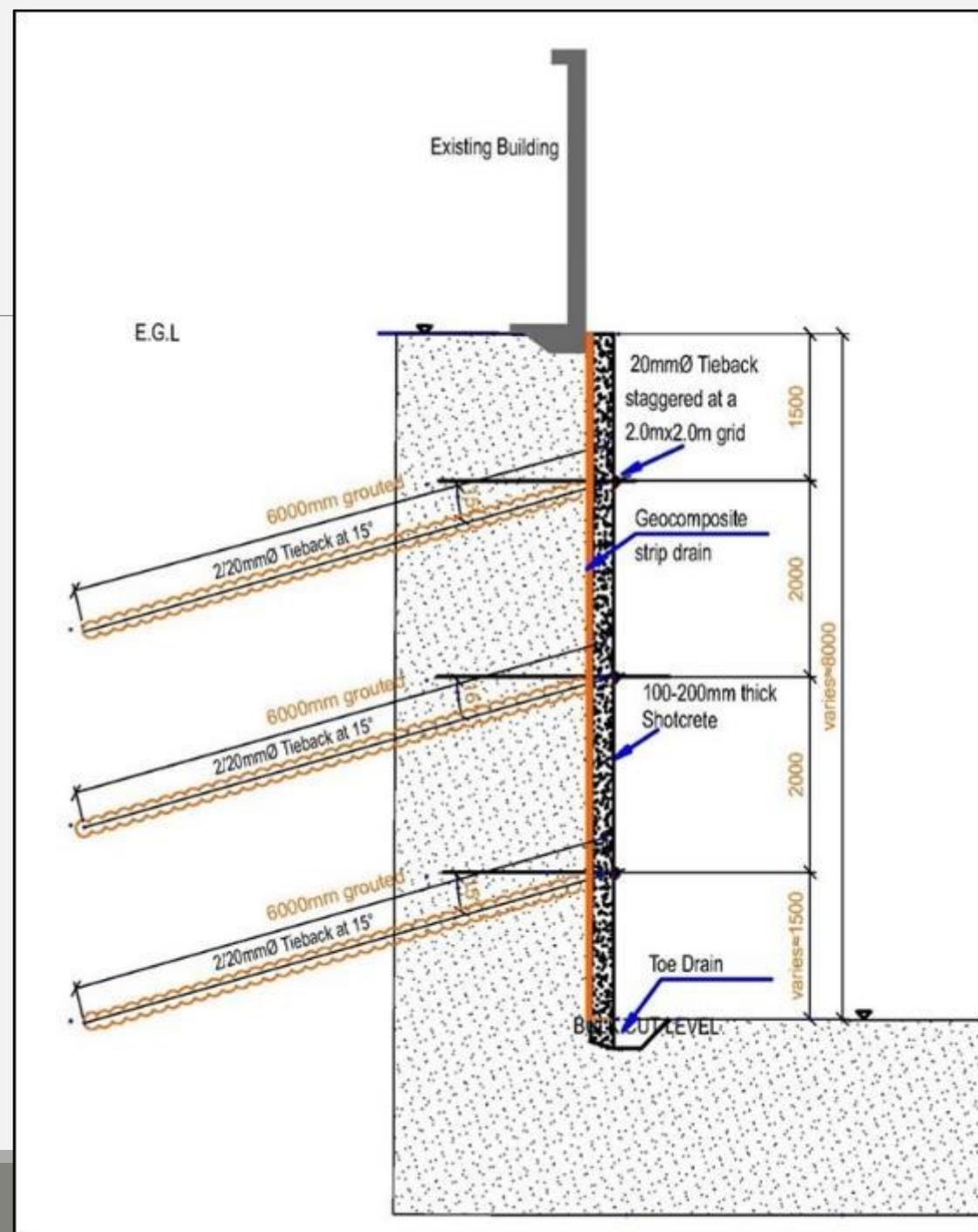
# Anchors & Soil nailing



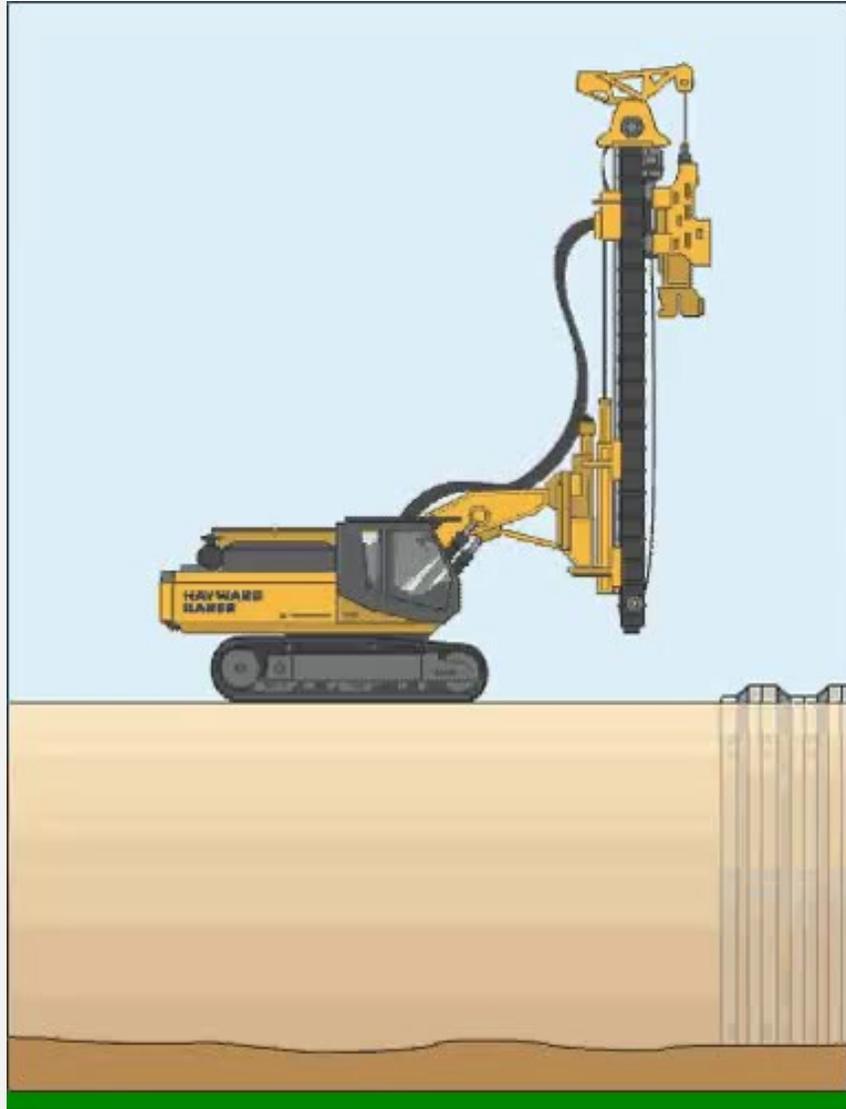
# Soil nailing



Soil nails



# Sheet piles



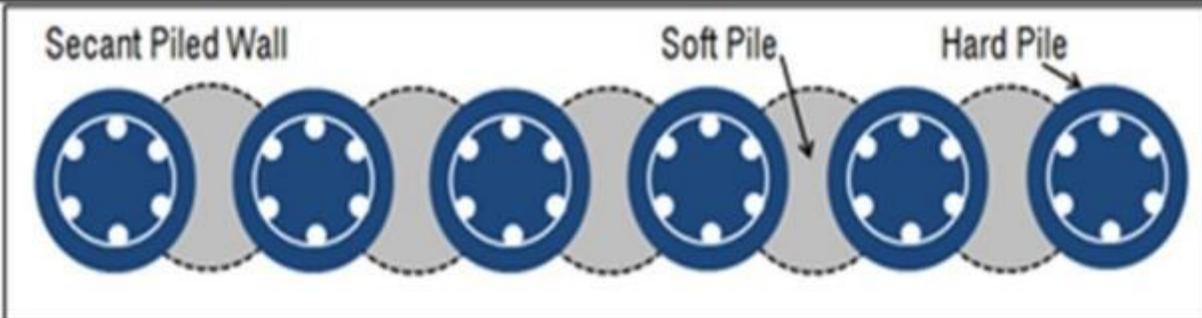
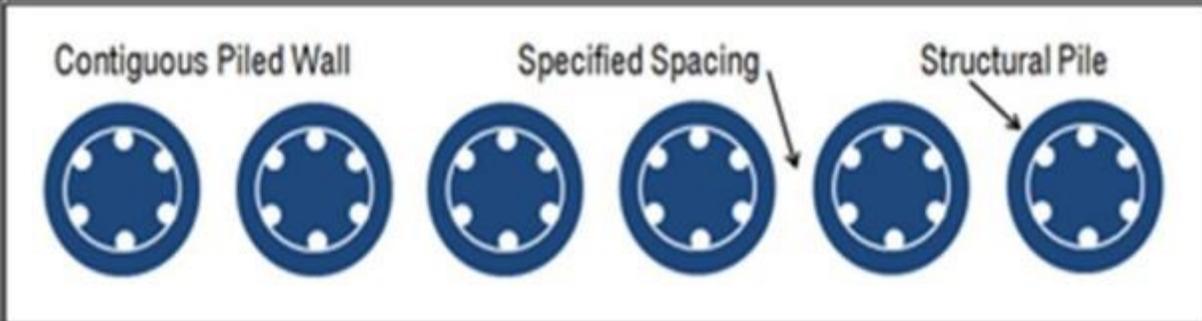
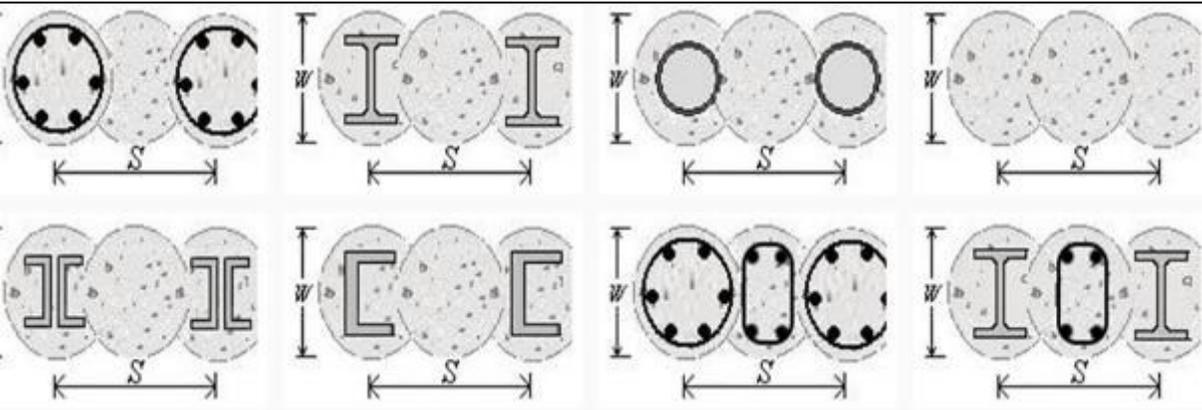
# Sheet piles



Sheet piles



# Contiguous Bored Piles / Secant Piles



29 Jan 2024 09:31:4  
Maziw  
Nairobi Count

## Contiguous Bored Piles / Secant Piles



Secant piles  
with a  
capping  
beam

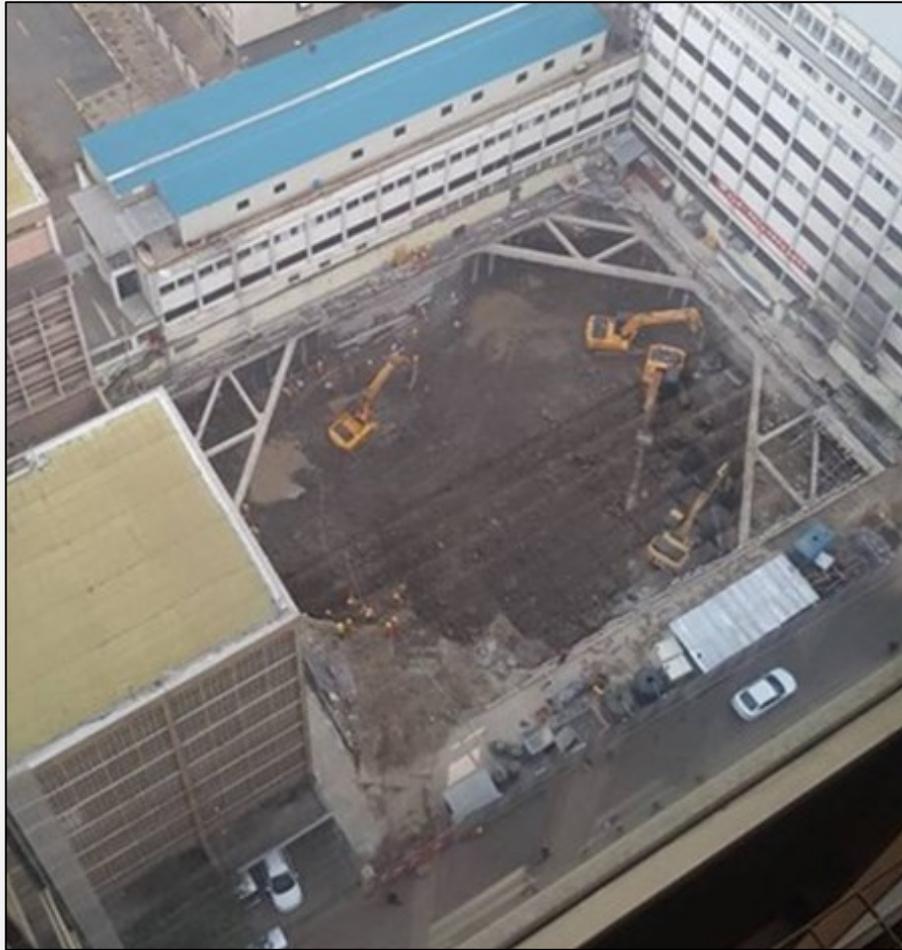
## Contiguous Bored Piles / Secant Piles



## Braced sheet pile walls



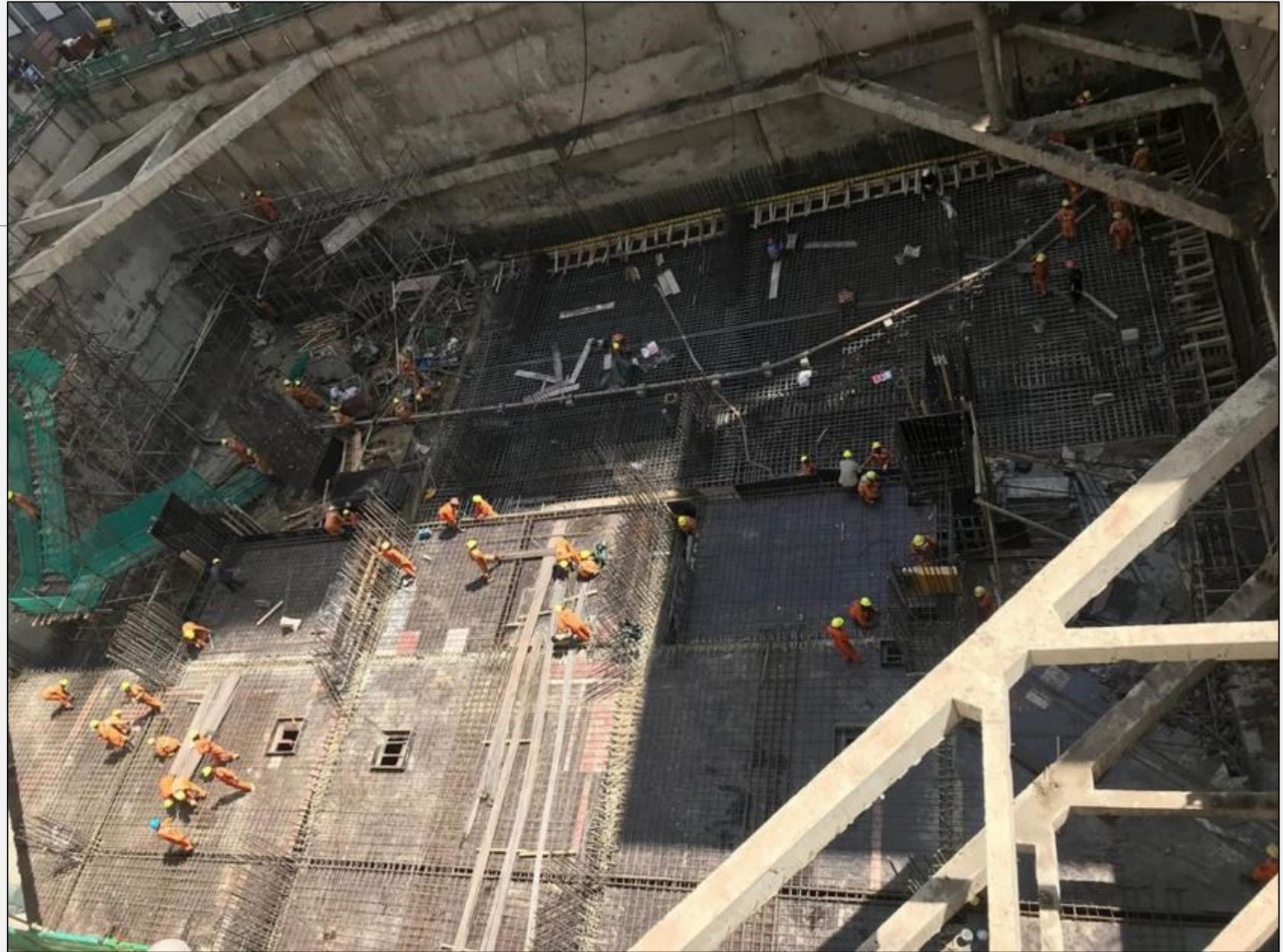
## Shoring & bracing system



Central Bank Pension Towers



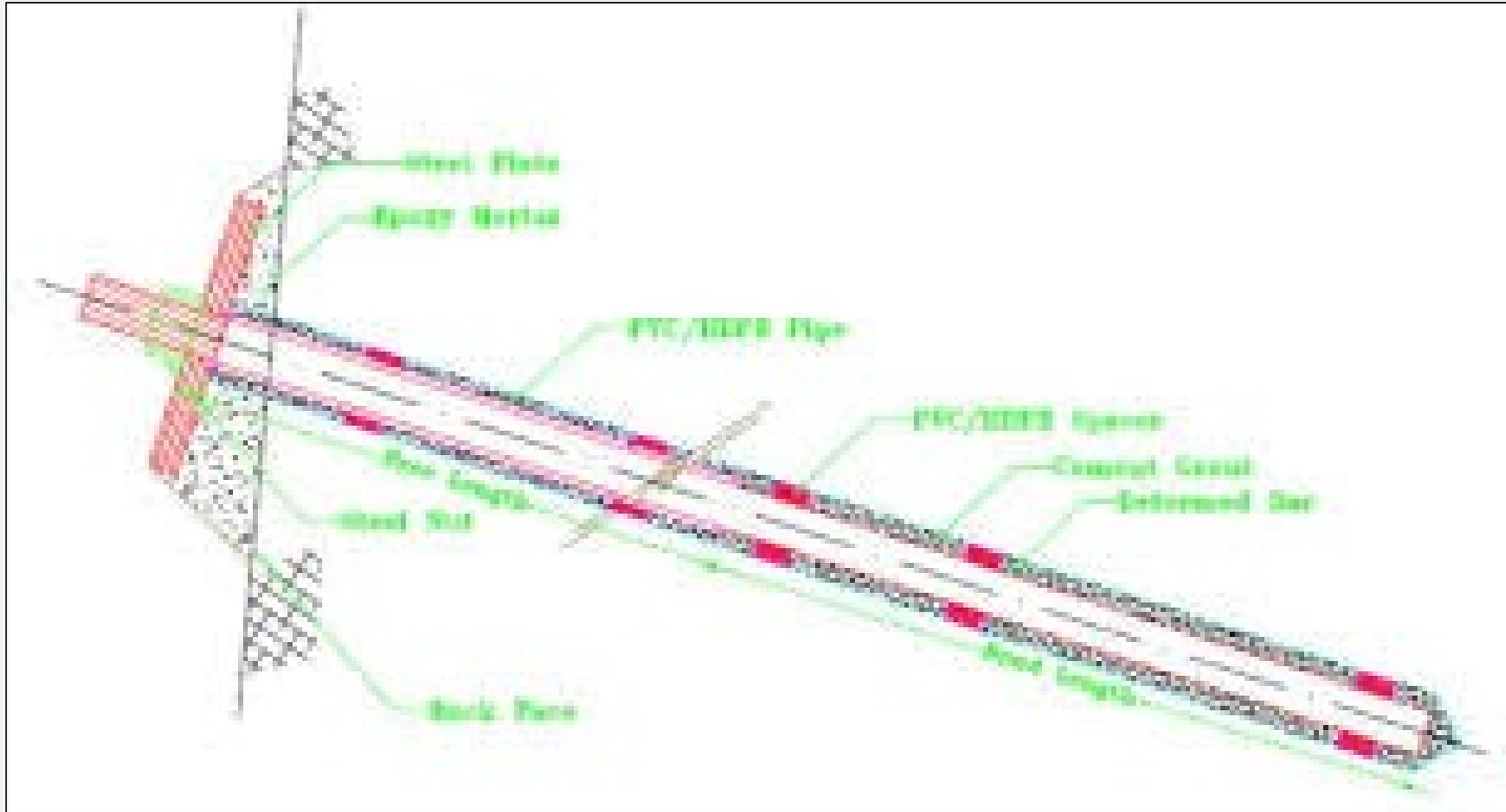
## Shoring & bracing system



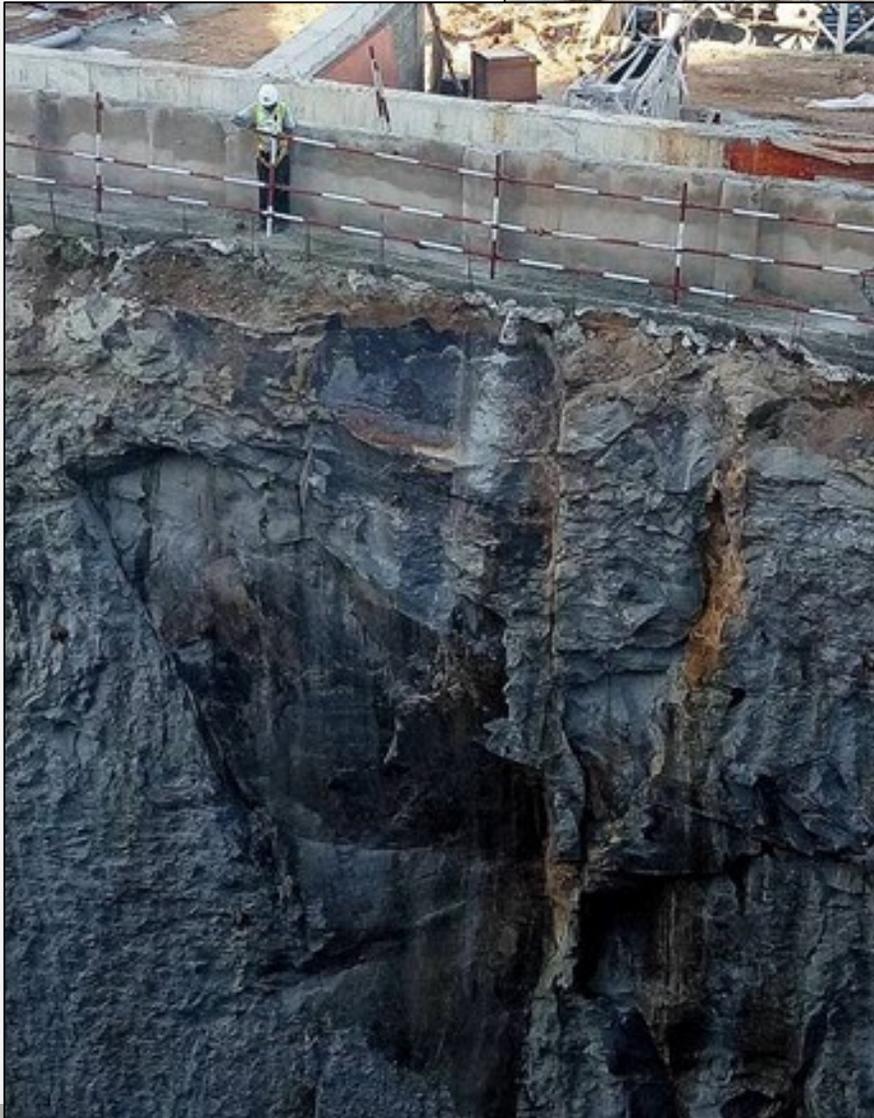
# Shoring & bracing system



# Rock bolting



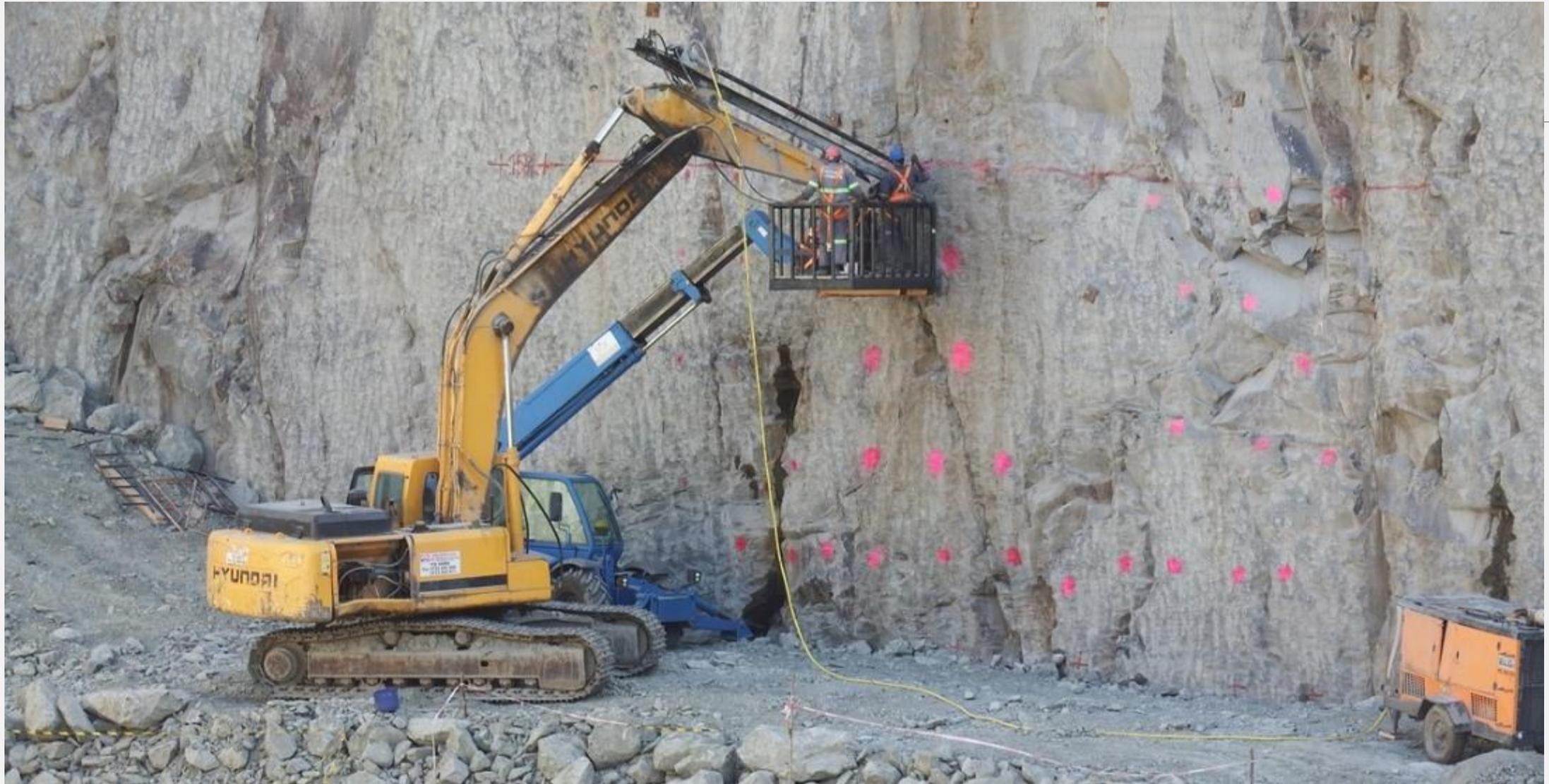
# Rock bolting



Marking of drilling points

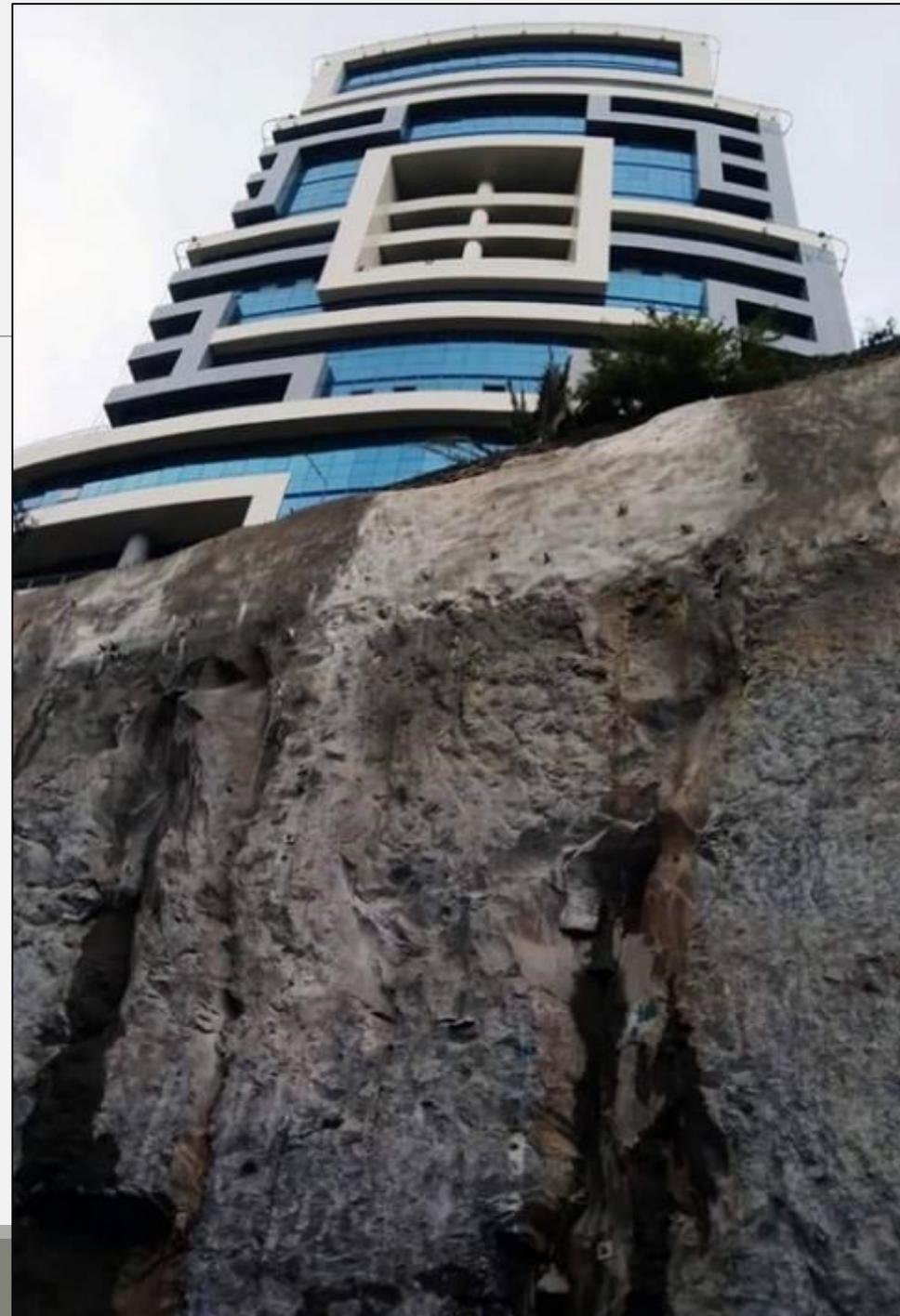
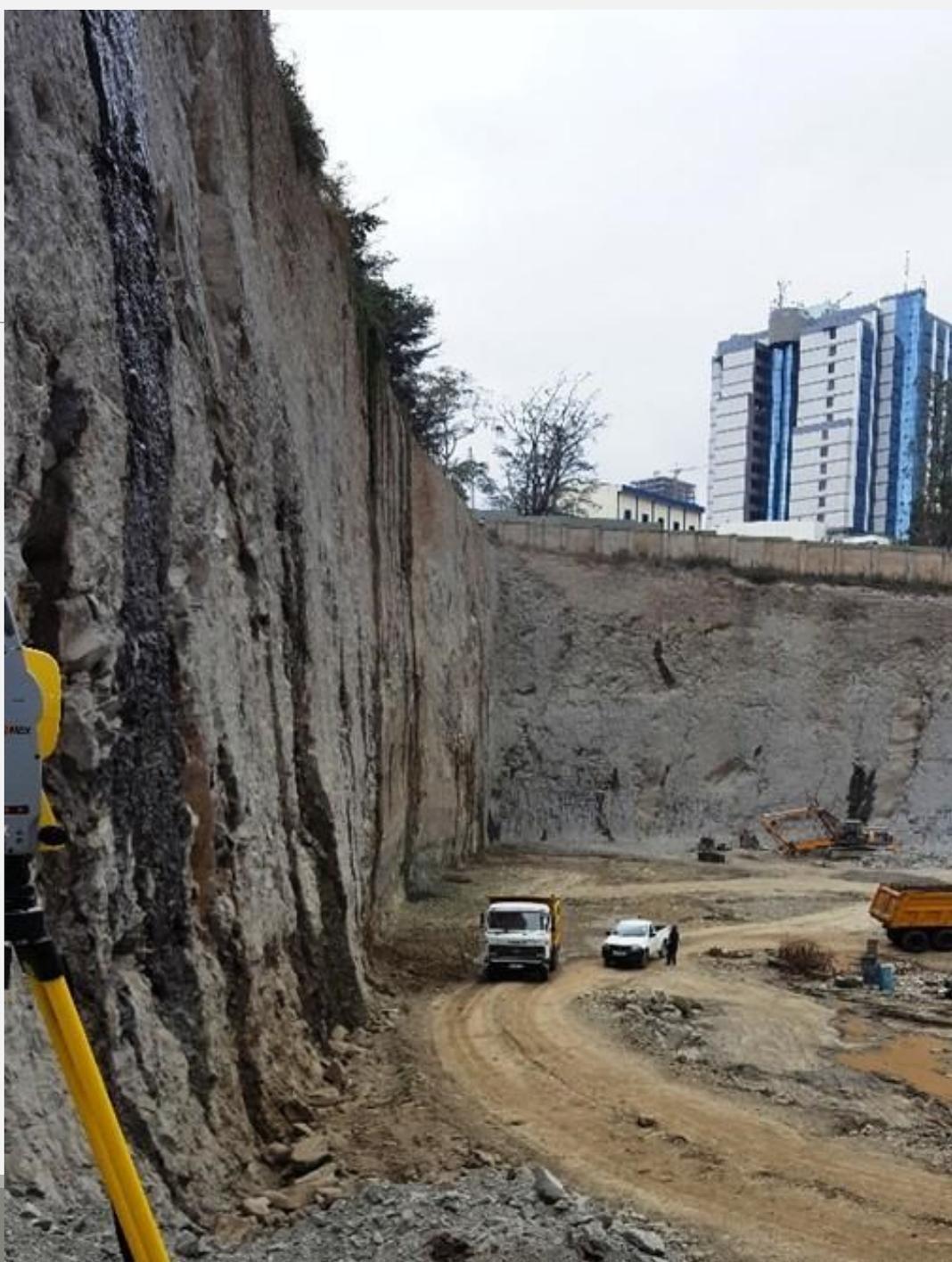
# Rock bolting

Drilling



# Rock bolting

To prevent falling boulders



# Rock netting

To prevent falling boulders



30m deep

## The Cost Of Ensuring Excavation Safety

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- Cost of compliance to the regulating bodies
- Cost of purchasing the PPE equipment
- Cost of setting up a health and safety compliant site
- Cost of hiring a qualified health and safety officer, etc
- Cost of safety barriers, access
- Cost of dewatering
- Cost of lateral support equipment and material in the shoring systems

However the cost of non compliance is even more expensive and life claiming, hence the need for a budget towards compliance to be incorporated into the building cost.



**THANK  
YOU!**